



## STEP TEN

*“Continued to take personal inventory and when we were wrong promptly admitted it.”*

**I**n the Steps preceding this, we listed many actions we took which caused us and those around us great difficulty. Are we now going to continue to list all the individual actions we take every day and mull them over in our minds? I doubt it. That approach would certainly qualify as “morbidity reflection.” A practice our Big Book suggests we avoid. But what, then, are we to do in this Step?

Once I paid close attention to what I was doing in the previous Steps, I began to realize that it was my attitudes that I was being encouraged to put under the microscope. After all, it is my attitude that drives the actions I take. Perhaps that’s why the description around the Fourth Step talks about ‘...getting down to causes and conditions...’ That phrase always baffled me until I realized what it was trying to guide me toward.

Any attitude I have informs and guides my actions regarding the person, place, or thing. If my attitude about the opposite gender is a poor one, or prejudiced in any way, it will determine my actions regarding that gender. This will be true every time I come into contact with that gender. It is reasonable to now understand that my 4th Step list simply contained the actions resulting from my attitudes. “Rinse and Repeat” was what happened time and time again.

Step Ten, then, is an A.A. way to reverse engineer my attitudes. Each day I can look for the multiple times I ‘act out’ one of my attitudes. Was I short with everyone today? If so, I may want to review the ‘actor in the play’ portion of the Big Book to learn what was driving it. Or maybe I took it all out on one person. A person who had done nothing to me—but received the brunt of my anger anyway. In my experience, that would indicate that I was unhappy with the way the world around me was working. Each little thing that I saw as an ‘error’ in my world view kept piling up on me until I burst. Not only was I expecting the world to operate my way—I was denying that I even had that attitude in operation.

Our Big Book suggests we continue to be on the lookout for selfishness, dishonesty, resentment and fear. Attitudes, each and every one of them. Now, when I focus on my attitudes a whole new process falls into place. If I address my attitude, and make changes there, my actions automatically begin to change. This is what the Big Book is telling me when it says that “...the fears fall from us...” Once the attitude changes—the old actions cannot continue. It feels as though the fears are falling from me. However, just changing my actions means they will repeat as soon as my will power wears off. Only changing my attitudes will have a permanent effect.

This makes correcting the mistakes much easier because the folks I make amends to now begin to see that I am changing and can put more faith in what I say and do. Not only that, it means I now also have something I can bring to my Higher Power in prayer during the following Step. A simpler process with much better results.

*Continued on page 9*

---

---

### ***The Lifeline: Purpose Statement***

---

---

*The Lifeline* is the monthly newsletter of the St. Paul and Suburban Area Intergroup, Inc. It is about, by, and for groups and members of the A.A. Fellowship. Opinions expressed herein are not to be attributed to A.A. as a whole, nor does publication of any article imply endorsement by either A.A. or St. Paul Intergroup. We welcome articles on a Step, Tradition or Concept, in addition to descriptions of personal experience. We also welcome original cartoons and drawings expressing the wry side of A.A. experience.

Please email your article to [Lifeline@aastpaul.org](mailto:Lifeline@aastpaul.org) or send it by regular mail to Lifeline Editor, St. Paul Intergroup, 33 Wentworth Ave E, Suite 355. W. St. Paul, MN 55118-3431. Materials or articles mailed to us cannot be returned unless accompanied by a self-addressed stamped envelope. Intergroup reserves the right to edit submissions for clarity, language, length, and content that might violate A.A.’s Traditions, etc.

**St. Paul & Suburban Area Intergroup, Inc.**

**33 Wentworth Ave E, Suite 355, West St. Paul, MN 55118-3431**

Website: [www.aastpaul.org](http://www.aastpaul.org) e-mail: [lifeline@aastpaul.org](mailto:lifeline@aastpaul.org) Fax: 651-290-0209  
Office Hours: Monday through Friday — 9:30 AM to 5:30 PM; Closed weekends and holidays

**St. Paul & Suburban Area Intergroup Representatives' Meeting Minutes, August 16, 2022 7:30 pm**

1. **Opened** with the Serenity Prayer, Introductions, and read the primary purpose of Intergroup
2. **Approved** prior month's minutes (motion: Mary S., 2nd: Tom W.). Motion passed to approve amended minutes with majority vote.
3. **Financial Report, Lindsey D.** – **See the Treasurer's Report for complete financial details.** If you have questions, please email [treasurer@aastpaul.org](mailto:treasurer@aastpaul.org). Group contributions up a little bit but still holding steadily lower than last year. Typically group contributions are down year over year, so that's a bit worrisome. Total sales are holding steady. Operational expenses are up because it's a 3-pay-period month. Last month the finance committee did a mid-year budget analysis and is confident we are on track to budget. Please consider giving extra contributions if you can.
4. **Office Report, Rachel P.** – **Please see the Office Report for more info or contact the office at [lifeline@aastpaul.org](mailto:lifeline@aastpaul.org).** There have been some issues with purchasing, including being given an incorrect group name, CC declines after the purchaser leaves the office, and a large bounced check. A few solutions proposed. Increase in invoiced purchases over the 30-day limit for payment. Mpls & St Paul intergroup are collaborating to mitigate literature shortage(s). CPC committees of Dist. 8 & Area 36 are continuing to use Saint Paul Intergroup as a base of operations.
5. **Night Owl Report, Rachel P.** – **for more information contact Rachel at [nightowl@aastpaul.org](mailto:nightowl@aastpaul.org) or call Rachel P. at 651-410-0556.** Orientation is this Saturday (on Zoom). There are 7 open shifts listed on the Intergroup website. Night Owl instructions have been updated. Current open shifts are the 1st Wed overnight, 1st Fri 5-10PM, 3rd Wed 5:30-10PM, 3rd Sun 9am-2pm, 4th Mon overnight, 4th Tues 6AM-930AM, 4th Sat 2-7PM
6. **Website Report, Jonathan L.** – **Please see the Web Servant Report for more info or contact Jonathan at [webservant@aastpaul.org](mailto:webservant@aastpaul.org).** 757 meetings supported by 279 groups. Down 5 groups and 2 meetings since the last report. 36 changes during the month. Service opportunities and available Night Owl shifts available on the website. Website traffic was up from June but search results were down. They are still looking for someone interested in assisting in PHP development or data maintenance on the website. Please announce this specific opportunity in your meetings. See Web Servant report for more information.
7. **Outreach Program, Brian M.** – The committee visited 5 meetings in the past month. Only 1 more MIA meeting in the directory. Committee now has 5 members. Some meetings say “we donate, now what?” which spurs some other questions for consideration. If you know anyone who's interested in helping out, have them contact Brian at [chair@aastpaul.org](mailto:chair@aastpaul.org).
8. **Update from the Board, Eliot W** – **If you have questions or would like more information, please email [chair@aastpaul.org](mailto:chair@aastpaul.org).** Board is going through the policies and procedures - this process will take some time. Next event is Gratitude Night on Nov 30th - time and place TBD. Updating Reps list with an option to opt-out.
9. **Liaison Reports:**  
**District 8** (Ramsey County): Lindsey D. - Archives Chair position is open at this district level. Taking volunteers for the state fair - may or may not still be spots. District 8 is considering changing to a hybrid format for their monthly meetings. **Interest or questions please reach out to Lindsey D. at 952-215-4471**  
**District 15** (Washington County) - Heather B. Sponsorship forum Sept 14th. Sponsor & sponsee speakers, raffle, Q&A, etc. The flyer can be found in this month's Lifeline. In October, there will be a Fall Workshop on the “ABC's of the Service Manual”.  
**District 19** (Dakota County): Tom W. They meet via Zoom. The information can be found in The Lifeline.
10. **Intergroup Events** -  
**Ice Cream Social** (and long-timers recognition): Jennifer G & Roger E - held Saturday August 13th 1-4PM at Lutheran Church of the Redeemer. Combo ice cream social and speaker meeting. At one point, 45 people were there. Doug & Patty M spoke then Jimmy D. was the main speaker. It was about a 2-hour event. **Next up:** Gratitude Night on Nov. 19th. Detail TBD.
11. **Old Business** - no old business
12. **New Business** - no new business
13. **Group AA Announcements:** District 8 is hosting a workshop on emotional sobriety on Sept 17th 9-10:30AM on Zoom.
14. **Suggestions for next month's agenda:** Please contact Kelly K at [secretary@aastpaul.org](mailto:secretary@aastpaul.org).
15. **Grapevine Report:** Roger E.; **Volunteer for September:** Eliot W.
16. **Concept Review: Concept VIII:** Mike C. ; **Volunteer for IX:** Tom W.
17. **Mock Rep Report:** Eliot W.; **Volunteer for September:** Camille K.
18. **Closed** with the Responsibility Statement

Brian M - Chair, Outreach	Bill C - Alt Treasurer	Roger E - Member-at-large	Rachel P - Advisor, Night Owl
Eliot W - Alt Chair	Elly C - Member-at-large	Lindsey D - Treasurer	Jennifer G - Member-at-large
Kelly K - Secretary	Roger E - Member-at-large	Dave P - Happy, Joyous, Free	Ryan B- One More Was Added...
Mike C - New Brighton AA	Jonathan L - Web Servant	Mary S - Uptown House	Renee B - A New Pair of Glasses
Christian C - SPOSM	Guy T - Fairmont AA	Mark R - Summit Hill	Lisa - Canvas Health Sun. Night
Ken S - Como Big Book	Erika R- Principles & Promises	Chris A. - Main Idea	Lisa - Canvas Health Sun. Night
Alex S - Second Sandwich	Erik H - New Brighton BB	Camille K - A New Light	Mandy - Pocketing Our Pride
Tom W - Firing Line	Nancy - 112 Read this Book	Bob H - Third Edition	Heather B - Safe Haven, Dist 15
Mary D. - Uptown Club		Debbie L - Hole in the Donut	

**Next Meeting: September 20, 2022 at 7:30 PM**

# SELF-SUPPORT SUGGESTIONS FOR GROUPS

“Every A.A. group ought to be fully self-supporting, declining outside contributions.” The Conference-approved pamphlet: “Self-Support: Where Money and Spirituality Mix” offers the following suggestions for the distribution of group funds after group expenses have been paid:

## ***50% St. Paul Intergroup***

.....  
33 Wentworth Ave E.  
Suite 355  
West St. Paul, MN 55118-3431

## ***30% General Service Office***

.....  
P.O. Box 4592407 (*contributions only*)  
James A Farley Station  
New York, NY 10116-2407

## ***10% Southern MN Area 36***

.....  
Southern Minnesota Area Assembly  
P.O. Box 2812  
Mpls., MN 55402-0812

## ***10% District Committee***

### **Ramsey County:**

District 8, P.O. Box 131523  
St. Paul, MN 55113

### **Dakota County:**

District 19, P.O. Box 1466  
Burnsville, MN 55337

### **Washington County:**

District 15, P.O. Box 181  
Lake Elmo, MN 55042

### **LOOKING FOR A SERVICE OPPORTUNITY?**

*Become a St. Paul Intergroup Night Owl*

If you are interested - Contact:  
Nightowl@aastpaul.org  
to schedule training.

*St. Paul Intergroup Office*  
33 Wentworth Ave E, Suite 355  
West St. Paul, MN 55118-3431  
To RSVP - please call 651-227-5502

# 2022 INTERGROUP BOARD OF DIRECTORS

WELCOME NEW BOARD MEMBERS!

Advisor to the Board (non voting)	Rachel P.
Chairperson	Brian M..
Alternate Chairperson	Eliot W.
Secretary	Kelly K.
Treasurer	Lindsey D.
Alternate Treasurer	Bill C.
2022 Member-At-Large	Jennifer G.
2022 Member-At-Large	Elly C.
2021 Member-At-Large	Renee B.
2021 Member-At-Large	Roger E.
Manager	Dennis B.
Web Servant (non voting)	Jonathan L.
Web Servant (non voting)	Sergey K.
Night Owl Coordinator (non voting)	Rachel P.



### **Office Volunteers:**

Mary D, Lynn E., Nancy T, Sam,  
Roger E., Debbie L., Suzanne,  
Frank D, Bernie, Joy

# St. Paul & Suburban Area Intergroup Gratitude Night

November 19, 2022

Lutheran Church of the Redeemer  
285 Dale ST N.  
St. Paul. MN

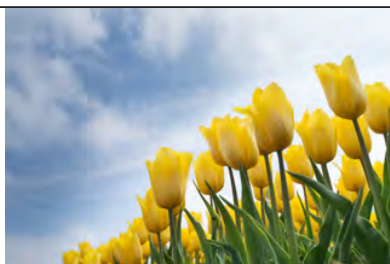


*Happy*

Happy to have been released from my obsession of self.

*Joyous*

Joyous to live life on life's terms—it's a way of life, not a destination!



*Free*

Free to be who my Higher Power wishes me to be - the best I can.



COFFEE  
&  
CAKE  
PROVIDED  
(after 1-year speakers)

## Speakers:

1-year speakers (male and female) – 7:00 PM

Refreshments: between 1-year speakers & main speaker

Main speaker – 8:00 PM

Dan G., Gladbrook, IA

Per office policy, anyone requiring ASL services must notify the office prior to October 19th in order for the office to make the needed arrangements.



# TRADITION TEN

*“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”*

**WHENEVER** I’ve heard any discussion related to Tradition Ten, the question is always, “...What is an Outside Issue?” Perhaps we may be better served if we turn the tables and ask the question, “...What are the Inside Issues for Alcoholics Anonymous?” I think we may actually find much more guidance by taking that approach. Certainly, it ought to be much easier to identify what exists rather than what might occur. Thus, we can begin by living in ‘today’ rather than trying to project what will happen ‘tomorrow.’

At the beginning of the Traditions, we are set on a path that can help provide clarity to our question. The survival of Alcoholics Anonymous is most definitely a “Inside Issue.” Therefore, we can put Tradition One at the center of our consideration. The following Tradition adds to that needs required for survival. Then we reach Tradition Three. Again, we can refer to our Big Book for guidance. In How It Works it clearly states that “...we deal with alcohol - ...”. This can be easily and correctly used as a parameter to determine the far extent of our reach. It becomes very clear that alcoholism is an “inside issue.” Any other affliction or issue falls outside that parameter.

Another ‘Inside Issue’ is to be found in Tradition Four. While this may seem a contradiction, we should note that the often ignored caveat in this Tradition clearly indicates where the boundaries lay—“...except in matters affecting other groups or A.A. as a whole.” Anyone can see that this suggests that when it affects other groups or A.A. as a whole – it is an ‘Inside Issue.’ It is also important to note that when it is an ‘Outside Issue’ – that doesn’t mean a group is free to do it. The mentality of “we can do what we want, when we want and the way we want” is simply an indicator of untreated alcoholism.

Tradition Five provides yet more insight into what an ‘Inside Issue’ is. The purpose of a group, and A.A. as a whole, is a single one—and that is an ‘Inside Issue.’ The purpose is to communicate the A.A. message (not just any message-but the message found on page 60 – the A,B,C’s of How It

Works). Any topic that conveys any message other than that would be considered an “Outside Issue’ as it is not something that rests on the survival of the alcoholic, or their group/fellowship, in relation to the A.A. program.

Traditions Six and Seven rest squarely on two ‘Inside Issues’—humility and responsibility. Simply carrying out the task divinely assigned to A.A. and responsibly for supporting that work, are very much ‘Inside Issues’.

In Traditions Eight and Nine the ‘Inside Issues’ concern themselves with the people and manner of their employment/responsibility that have become ‘Inside Issues’ due to the preceding Traditions. Essentially, they suggest that ‘accountability’ is an ‘Inside Issue’ for A.A.

Now, approaching Tradition Ten, we have developed a list of what constitutes the issues inside A.A. This, by using a comparison, will help us understand what ‘Outside Issues’ are for Alcoholics Anonymous.

However, before we proceed, we need to acknowledge the doorway now open to us in this journey. The sign above the door reads “OPINIONS.” Facts are generally not allowed through this doorway—they tend to quiet the chaos and unrest that exists there, as well as getting in the way of personal agendas. Fears, resentments, prejudices, disunity, and anger exist in that realm as the result of the opinions that have crossed that threshold. This is the ultimate danger that entering this doorway holds for Alcoholics Anonymous. It is also how A.A. can be “...destroyed from within...”

You say, “Well, we have opinions about the ‘Inside Issues’ as well.” Unfortunately, this is far too often also true. However, it need not be the case. A complete misunderstanding about the Group Conscience that is mentioned in Tradition Two, is the cause of, this failure. Many A.A. members seem to confuse a political caucus with a Group Conscience. They are, in fact at opposite ends of the spectrum. The political caucus seeks to determine the ‘superior’ solution to any problem--usually attached to a personal agenda. The Group Conscience, on the other hand – when properly exercised – attempts to determine a *clear understanding of the problem* by asking each participant to share their perception of the problem. The goal is a reasonably accurate understanding of the issue at hand. Once that understanding is developed—the solution presents itself as a manifestation of one of our Twelve

*continued on page 8*

# DISTRICT SERVICE MEETINGS

---

---

## *District 8 (Ramsey Co.)*

Currently meeting on Zoom  
3rd Wed., 7:00 PM  
Email: [dist8@area36.org](mailto:dist8@area36.org) (for Zoom info)

## *District 15 (Wash. Co.)*

Christ Lutheran Church  
11194 N. 36th St.  
Lake Elmo  
4th Mon., 7:00 PM  
Email: [dist15@area36.org](mailto:dist15@area36.org) (for Zoom info)

## *District 19 (Dakota Co.)*

Rosemount Community Center  
13885 South Robert Trail  
Rosemount  
2nd Wed., 7:00 PM  
[dist19@area36.org](mailto:dist19@area36.org)  
Email: [dist19@area36.org](mailto:dist19@area36.org) (for Zoom info)

---

---

## PRINCIPLES OVER PERSONALITIES



“I saw what you had and I wanted it” say many of us in describing our initial encounter with A.A.’s program of attraction. It takes me back to my baptism of fire. I first came to A.A. to investigate at the suggestion of a doctor. I had been through

treatment but had been 12th stepped a couple of times. I was sure I would only go to one meeting and, finding out I was not an alcoholic, I would not have to return.

I was reservedly smitten by some of the personalities. Particularly one of the Personalities who seemed to have the instant answers to every question or problem posed in the group. He seemed to have answers I wanted to hear. I wanted to have his brand of “wisdom.” I was weak, still drinking. He seemed to hold the key to abstinence. I attended meetings solely to hear what he had to say.

Then one week he was absent. On inquiry I was informed that he had a slip and was back in treatment. I felt my trust had been betrayed. I had been counting on him to help me stop drinking. When I complained I was told that we do not put others, i.e., Personalities, up on pedestals, that we all have feet of clay, we have no “tin gods” and that each of us is one drink from a drunk. I had been practicing the Personalities rather than the Principles.

Gradually, I realized that I cannot have what others in the program have because I’m not them. Our Higher Power doesn’t make carbon copies. While I can’t live someone else’s sobriety, I’ve found something that is even better than what I saw in you. By going through the Personalities of this “we” program, I was introduced to the Principles and became attracted to my own sobriety rather than to the sobriety of other Principles.

We’ve found that real wisdom doesn’t come from the Personalities in A.A., but rather from the High Power via the counter intuitive “still small voice within.” of eleventh step meditation. Length of sobriety is not a measure of “wisdom.” Nor is idolatry a Principle to be practiced in our affairs.

*Carlos*

STOP LOOKING FOR THE OWNERS  
MANUAL - YOU ARE NOT THE OWNER.



WHAT YOU NEED IS THE OPERATORS  
MANUAL - YOU ARE THE OPERATOR!

# Founder's Day Minnesota 2022

## November 26, 2022

**Celebrating 82 Years of AA in the Upper Midwest  
and Honoring AA Members with One Year of Sobriety!**

***Register Online at: [www.FOUNDERSDAYMN.org](http://wwwFOUNDERSDAYMN.org)***

### **Saturday, November 26**

9:30 AM Registration opens

10:30 AM **\*AA Speaker Meeting:  
Sloan B. (Madison, WI)**

12:00 PM - A.A. Call up Meetings (Steps 1,2,3)  
- Al-Anon Breakout Meeting  
- YPAA Panel

1:00 PM **History Panel**

2:00 PM - A.A. Call up Meetings (Steps 1,2,3)  
- Al-Anon Breakout Meeting  
- YPAA Panel


3:00 PM **\*Al-Anon Speaker Meeting:  
Sarah C. (Phoenix, AZ)**

4:30 PM - A.A. Call up Meetings (Steps 1,2,3)  
- Al-Anon Breakout Meeting  
- YPAA Speed Sponsorship

6:00 PM **Banquet**

7:30 PM **\*AA Speaker Meeting:  
Harold L. (St. Louis, MO)**

9:00 PM **Dance**

\*These meetings are ASL Interpreted 

**Registration \$25.00**

Registration required and must be paid to attend Founder's Day Minnesota events.

**Registration & Banquet \$75.00**

**(limited seating)**

The Banquet begins at 6:00 PM Saturday evening.

Celebrate sobriety with great speaker meetings, history panel and A.A., Al-Anon and YPAA activities.

- A.A. Call Up Meetings
- Al-Anon Breakout Meetings
- YPAA Breakout Meetings
- Archives
- History Panel
- Banquet
- Dance

### **Activities and Accommodations at**

**DoubleTree by Hilton Bloomington - Minneapolis South - Bloomington, MN**  
7800 Normandale Blvd, Bloomington, MN 55439 • 952.835.7800 or 800.222.8733

**Special Room Rates are available with early reservations.**

Please make reservations directly with the DoubleTree by Hilton Bloomington Hotel.  
Indicate they are for Founder's Day Minnesota.

Traditions. *No opinion required—it is an exercise in humility—of seeking the will of a Higher Power.*

As we reviewed the Inside Issues that our Twelve Traditions address, we have come to understand that our Inside Issues are as follows:

- 1) A.A. and the groups survival come first.
- 2) Alcohol(ism).
- 3) Anything that affects A.A., or the groups as whole, which causes disunity.
- 4) Carrying the A.A. message (as described in the ABC's of How It Works).
- 5) A.A. Tasks and Responsibilities to A.A.
- 6) Trusted servant accountability.

Now we ought to be able to easily distinguish the 'Inside' and 'Outside' issues as they present themselves.

Alcoholics Anonymous, it's groups, and its members exist within the society which covers the geography they occupy. As such, many issues that are both pertinent to, and appropriate for, society to address will impact our fellowship. After all, we are citizens of the world we live in. However, the Tenth Tradition encourages us, as A.A. members, to carefully determine which is a "social issue" and which is an "A.A. issue."

We can find further guidance in the Big Book in the Chapter "Working with Others." "...*The minute we put our work on a service plane, the alcoholic commences to rely upon our assistance rather than upon God...*" I used to be baffled by that statement. After all, aren't we taught to 'be of service to God and our fellows?' It took me some time to realize that there is a vast difference between "being of service" and "providing a service." In the first case, we assist those who are completely unable to do for themselves what is necessary. In the second case, we provide what the person wants but is unwilling to provide for themselves. Direct opposites!

When we hear someone say, "I cannot get sober because..."—we are hearing the beginning of a demand for a service rather than a request for someone to be of service. *Providing services is an 'Outside Issue'. Being of service is an Inside Issue!*

As these social issues creep into our A.A. rooms, we are tempted by what seems to be our sense of compassion. While compassion may be present to some degree, most generally it is the ego and arrogance that are really at work. We see ourselves, our groups and our program as able to do virtually

anything to lessen someone's pain—regardless of circumstance or condition. Ego and arrogance blind us to a fact we ought to have learned along ago—it was our own pain that provided the much-needed incentive for us to reach out to a Higher Power for help. When those who loved us tried to help alleviate our pain—*they only prolonged our agony.* They unknowingly stood in the way of our becoming humble enough to reach out for a Higher Power that could provide the needed solution. When we engage in social service activities, we stand in God's way. After all, the healing power isn't ours—it belongs to, and is provided by, a Higher Power.

It is Tradition Ten which is intended to keep us out of trouble, out of Gods way in reaching those in need, and most importantly it is intended to help us get and remain humble.

---

---

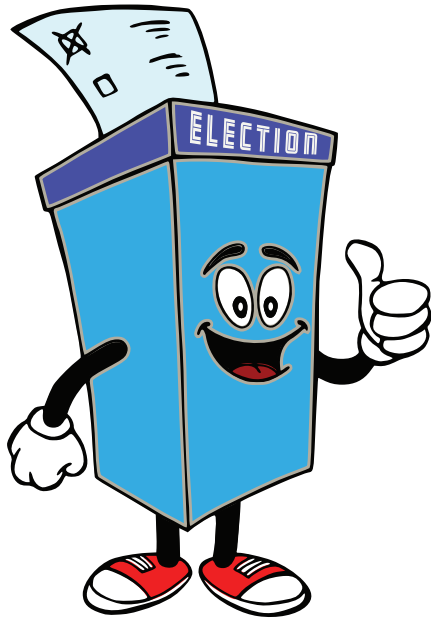
## THOUGHTS FROM THE BOARD

### JUST SAY YES

**MY** experience with alcoholics anonymous has gone hand and hand with how I found myself on the board for intergroup! I remember early on in my sobriety my sponsor would always say things like „Just get in the car“, or „Don't think about it and just do it“. These phrases fortunately stuck with me over the last few years and whenever I was nominated to be the alternate chair to the board of intergroup, how could I say anything but yes? When we are asked by newcomers for help or appointed to help with certain things in meetings I know personally my gut reaction is to want to take MY easier, softer way and stay comfortable and hold on to normalcy. However, whenever I do say yes miraculous things happen, I get the opportunity to meet a litany of new people and more importantly watch the newcomer walk into the world of the spirit. The most important thing for me in my recovery is to stay away from complacency, I must continue to say yes and get outside of my comfort zone in order to better myself and make myself available to help those who are still suffering. Whenever I was confronted with the questions in the big book I was too defeated to say anything but yes and do exactly what that book tells me to do, I have to continue to remember that feeling and urgency for the rest of my life. God continues to do miraculous things in my life as long as I stay close to him and do his work well.

-Eliot W, Alcoholic, Alternate Chair to the Board.





# ELECTION OF NEW INTERGROUP BOARD MEMBERS

The elections take place at the November Representatives Meeting

## POSITION

## RESPONSIBILITY

### Alternate Chair

1st year of 3-year term, includes rotating into Chair and Advisor

Fills in for Chair when needed  
 Attends all meetings of Board, Committees & events  
 Co-Chair Executive Committee  
 Ex-officio member of all committees  
 Three-years sobriety required

### Secretary

1-year term

Attends all meetings of Board, Committees & Events  
 Provides accurate minutes of meetings  
 Provides notices of meetings  
 Member Executive Committee  
 Three-years sobriety required

### Alternate Treasurer

1st year of 2-year term includes rotation into Treasurer the following year

Attends Meetings of Board & Committees  
 Performs duties of Treasurer when they are absent  
*(With the exception endorsing checks or making deposits and acting as a member of Executive Committee)*  
 Three-years sobriety required

### Member-At-Large 2023-2024

2-year term

Attends all meetings of Board, Committees & Events  
 Acts as Event Chair for at least one event per year  
 Two-year commitment  
 Two-years sobriety required

### Member-At-Large 2023-2024

2-year term

Attends all meetings of Board, Committees & Events  
 Acts as Event Chair for at least one event per year  
 Two-year commitment  
 Two-years sobriety required

***If you are interested in being considered for any position — call the Office and let them know***

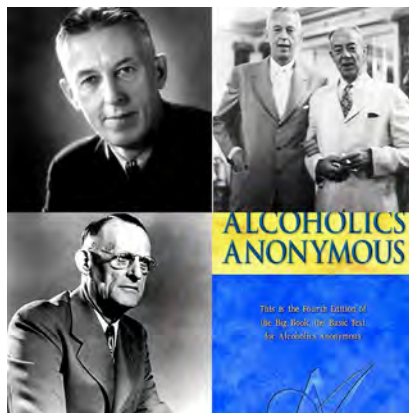
# Big Book Study

Friday, Oct 21, 2022@ 7:00pm - 9:00pm  
 Saturday, Oct 22, 2022@ 9:00am - 5:00pm (Noon Potluck)  
 Sunday, Oct 23, 2022@ 9:00am - 12:00noon

**Big Book Study moved to NEW Location !!!!!!!!!!!!!**

**Blackberry Township Hall**  
**25349 Dove Lane**  
**Grand Rapids, MN 55744**

Dennis B - Farmington, MN  
 Roger B. - Mpls, MN



This weekend is intended to answer your questions about the Big Book, to clarify and to help you better understand. What is it asking me to do, think or say, why or what causes relapse? Dennis and Roger have over 80 years combined recovery service and experience. This weekend will be fun, informative and challenging! Please come join us...bring your Big Book For more information: Dan H. (218) 910-0173



12th Step Calls

7



Website Visits

7,821



Office Calls

279



Night Owl Calls

129



Meeting Info Calls

45



Speakers Calls

7



Literature Purchased

288 Books

THE FOLLOWING GROUPS, MEMBERS AND FAITHFUL FIVER MEMBERS MADE THE ABOVE SERVICES POSSIBLE:

- Burnsville Primary Purpose
- Cal City AA
- Cottage Grove AA
- Dressoer Group
- Elements Group
- Happy, Joyous & Free - Mahtomedi
- Highland Park Groups
- Mahtomedi Happy Hour 12 & 12
- Meeting of the Waters
- Midway Club
- North Dale Group
- Pocketing Our Pride
- Ringmaster's Group
- Rule 62 Step & Tradition
- Saturday AA Afton
- Stillwater Morning Groups
- Summit Hill
- Third Edition Group
- Third Tradition Group
- Uptown Group
- Valley Step Group
- Wednesday Night Men's 12 x 12
- White Bear SAT AM Women's
- Womens Basic Text
- Woodbury Serenity Slsters

- 25 A.A. Groups contributed \$ 4,396
- 5 Gratitude Contributions totaled \$ 46
- 25 Faithful Fivers contributed \$ 480
- 8 Digital Contributions \$ 1052
- 8 Online Sales \$ 244
- Event Contributions \$ 69

WE WANT TO EXPRESS OUR DEEPEST THANKS TO THE GROUPS AND INDIVIDUALS WHO HAVE CONTINUED THEIR GENEROUS SUPPORT OF INTERGROUP.

IT REALLY MAKES A DIFFERENCE!

# THE FIRING LINE

INVITES YOU, YOUR FAMILY, & FRIENDS TO OUR



\*IN LIEU OF BIG BOOK MEETING\*

# Anniversary Banquet

**SUNDAY, OCTOBER 16, 2022**

**4:30PM FELLOWSHIP**

**5PM MEALS SERVED**

Main dish, salad, cake, and beverages will be complimentary.  
All are welcome to bring a dessert to share.

**6PM SPEAKERS**

**5 MIN: MOLLY M.  
MAIN: BOB B.**

**NEW LIFE PRESBYTERIAN CHURCH**

965 Larpentour Ave West | Roseville, MN 55113

St. Paul & Suburban Area Intergroup  
33 Wentworth Ave E  
Suite 355  
West St. Paul, MN 55118-3431

Change Service Requested

Non-Profit  
Organization  
U.S. Postage  
**PAID**  
Twin Cities MN  
Permit 7451

Please let us know if your address changes one month ahead of time. It saves us the cost of return postage and enables you to get each issue of *The Lifeline*. Our mailing permit does not provide for mail forwarding. THANK YOU!



## St. Paul Intergroup *Individual Contribution* Enrollment Form

Your Intergroup strives to be self-supporting, and with your personal support we can continue to carry our vital message of Hope and Recovery to all who need and want it. Your contribution entitles you to a one-year subscription to the Lifeline. Contributions may be made annually, bi-annually, quarterly, or monthly. Please consider becoming one of our *Faithful Fivers* (\$5.00/month), *Terrific Tennes* (\$10.00/month), or *Fantastic Fifteneers* & \$15.00/month).

### 1. Contact Information:

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_ ZIP: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

### 3. Choose a Payment Method:

Credit Card/Debit  
 Visa  MasterCard  AMEX  Discover  
Card # \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Expiration Date: \_\_\_\_\_ / \_\_\_\_\_  
Name on Card: \_\_\_\_\_

### 2. Amount & Frequency:

Amount \$ \_\_\_\_\_  
Frequency: (check one)  
 Monthly  Quarterly  Bi-Annually  Annually  
Start on: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
 Faithful Fiver (\$5.00/month)  
 Terrific Tenner (\$10.00/month)  
 Fantastic Fifteneer (\$15.00/month)

Signature: \_\_\_\_\_  
\*I authorize St. Paul Intergroup to automatically bill my account as specified (monthly, quarterly, etc). I understand that I am free to cancel this authorization at any time by contacting Intergroup.

Check - Please make payable to:

**Saint Paul Intergroup**  
33 Wentworth Ave E, Suite 355  
West St. Paul, MN 55118-3431